



Week of Oct 11

God's Good Design for Human Sexuality | I Corinthians 6:12-20

Pastor Mike Barnhart

This weekly tool is designed to help you process and apply God's truth with other brothers and sisters who want to grow in Christ. You might use this in your Life Group, one-on-one over coffee, around the family dinner table, or in a casual small group of friends. The aim is to take God's Word from Sunday morning and bring it into the corners of our lives throughout the week, so that together we might be transformed into people who treasure God and love others.

beyondsunday Reflection & Discussion

Getting Started

- 1) Be honest, when you first heard the sermon title "*God's Good Design for Human Sexuality*", where did your mind go:
 - (a) I'm ready to talk about this,
 - (b) this is uncomfortable,
 - (c) that is a private matter.
- 2) Why is it difficult to discuss this aspect of God's design?

Receive the Word + Make the Connection

This week's discussion revolves around Pastor Mike's suggested "grid" pertaining to "*How to think about human sexuality in this world?*"

- 3) **Grid 1 - What did God design? Creation: My body is a good gift with God-given meaning.**
 - a) Reflect upon these two descriptions of creation in Genesis.
 - Genesis 1:27
 - Genesis 2:24–25
 - b) *What is one way you see your body as a gift from God with meaning?*
 - c) *In what way can you grow in living like this is true? (your thoughts, the words you say, your behavior/activity)*

(OVER)

4) **Grid 2 - How has sin distorted God's Design? Rebellion: My desires, body, relationships, and understanding are affected by sin.**

- a) Reflection thoughts: understanding God's "good" and his "design" helps us talk about human sexuality because it matters to God. Read 1 Corinthians 6:12-20.
 - i) Explain from the text who our bodies belong to?
 - ii) How can we "glorify God" in our bodies?
 - iii) What difference does it make knowing that your "body is a temple of the Holy Spirit"?

5) **Grid 3 - What has God done with our sin? Redemption: My body belongs to Christ; He forgives me; I live by the Spirit.**

- a) Read 1 Corinthians 6:19–20 again and reflect on what is underlined.

Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body.
- b) "Bought with a price" is strong language. Does it bring you comfort or make you scared?
- c) What does it mean to redeem?
- d) How does the fact that we are redeemed help us when
 - i) We're tempted to sin with our bodies?
 - ii) We already have sinned with our bodies?

6) **Grid 4 - Where is all of this ultimately headed?: Restoration: My deepest destiny isn't sexual fulfillment but resurrection life with Christ.**

- a) **1 Corinthians 6:17** *But he who is joined to the Lord becomes one spirit with him.*
 - i) What implication does this have for our ultimate purpose?