



Week of September 13
Discovering Jesus in the Psalms: Psalm 91 | Safe
Pastor Mike Barnhart

This weekly tool is designed to help you process and apply God's truth with other brothers and sisters who want to grow in Christ. You might use this in your Life Group, one-on-one over coffee, around the family dinner table, or in a casual small group of friends. The aim is to take God's Word from Sunday morning and bring it into the corners of our lives throughout the week, so that together we might be transformed into people who treasure God and love others.

beyondsunday Reflection & Discussion

Getting Started

1. Take a few moments to think and answer:
 - a. When do you feel most safe? (bodily, mentally, emotionally, spiritually?).
 - b. What threatens those feelings of safety?

Receive the Word

2. Read: Psalm 91:1-13
 - a. What specific things does God promise in these verses?
 - b. What condition does the text give in verses 9-10 for receiving God's sovereign protection?
3. Read: Psalm 91:14-16
 - a. What riches of blessing does God promise in these verses for those who take refuge in Him?

Make the Connection

4. If we do not read Psalm 91 carefully, we can be misled into thinking that God will never let us get sick, hurt or have trouble in this life. However, we know from the whole of Scripture that followers of Yahweh DO have trouble and Jesus actually promised we WOULD have it in this life. So what is the safety that the Psalmist is articulating God *actually* promises?
5. Have you surrendered your life to the Lord Jesus as your refuge? If so, your security comes from your relationship with Christ, not your circumstances.

(OVER)

- a. If you aren't sure if you're trusting in Jesus as your refuge, consider and process together these questions from Pastor Mike:
 - i. Do you believe you can deliver yourself **or that Jesus does it for you?**
 - ii. Do you believe you can rescue yourself...**Or, will you let Jesus pull you out & save you?**
 - iii. Do you believe you can satisfy yourself...**Or, is Jesus your satisfaction? Is your trust in Jesus?**
6. Which "provision" from verses 14-16 do you most need God's help believing and trusting Him for this week?