



Week of September 20
Discovering Jesus in the Psalms: Psalm 121 | Keeper
Pastor Mike Barnhart

This weekly tool is designed to help you process and apply God's truth with other brothers and sisters who want to grow in Christ. You might use this in your Life Group, one-on-one over coffee, around the family dinner table, or in a casual small group of friends. The aim is to take God's Word from Sunday morning and bring it into the corners of our lives throughout the week, so that together we might be transformed into people who treasure God and love others.

beyondsunday Reflection & Discussion

Getting Started

1. In what way(s) do you feel either uncomfortably exposed or uncertain about your life?
2. Do you sense that God is near you? Why or why not?

Receive the Word

3. READ: Psalm 121
 - a. As the pilgrims see the hills in front of them—not knowing what they may hold—where do they look for help?
 - b. Why did the psalmist communicate God's wakefulness?
 - c. What might it mean that the Lord is your "shade"?
 - d. What is promised in verses 7-8? What is not promised?

Make the Connection

4. Is there a word or phrase in Psalm 121 that especially comforts you?
 - a. If so, what is it?
 - b. Why does it provide comfort?
5. Is there a word or phrase in Psalm 121 that imparts courage to you to trust God in a particular area of your life?
 - a. What is the word or phrase?
 - b. How does it impart courage to you to trust God in a particular area of your life?
6. What is one way you will seek to trust a truth from Psalm 121 this week?