beyondsunday

This weekly tool is designed to help you process and apply God's truth with other brothers and sisters who want to grow in Christ. You might use this in your Life Group, one-on-one over coffee, around the family dinner table, or in a casual small group of friends. The aim is to take God's Word from Sunday morning and bring it into the corners of our lives throughout the week, so that together we might be transformed into people who treasure God and love others.

beyondsunday Reflection & Discussion

Getting Started

1. This passage talks a lot about tribulation and struggle. If you could eliminate one source of stress in your life right now, what would it be?

2. What's something that lots of people think will bring lasting peace, but it usually doesn't?

Receive the Word

3. Let's read John 16:23-33. Jesus says we can pray directly to God the Father, who loves us. What keeps us from praying boldly to God? How would our prayer life change if we really believed the Father delights in us?

4. Jesus promised peace to his disciples even though they broke their promises to him. What does that tell us about Jesus?

5. Read John 16:33. How would this promise have sounded to disciples who were about to watch Him be arrested and crucified? How do you think they would view this promise after the resurrection?

Making the Connection

6. As you look over this whole passage, what does it teach us about the care God the Father and Jesus have for their followers?

7. How do you think this passage prepares us for tribulation? How do you think Christ's victory could change the way you face fear or suffering?

THINK - **Where do you feel overwhelmed? What fears dominate your thinking? What does Christ promise in the midst of that struggle?**

PRAY - **Knowing that God loves you and delights to hear your every request.**

ACT - **This week, I need to trust God for _____.**