



Week of December 7
Why Christmas? | *Creation: Sabbath World*
Genesis 1-2 | Pastor Mike Barnhart

This weekly tool is designed to help you process and apply God's truth with other brothers and sisters who want to grow in Christ. You might use this in your Life Group, one-on-one over coffee, around the family dinner table, or in a casual small group of friends. The aim is to take God's Word from Sunday morning and bring it into the corners of our lives throughout the week, so that together we might be transformed into people who treasure God and love others.

beyondsunday Reflection & Discussion

Getting Started

1. What is freedom? Did the sermon cause you to think of freedom differently? If so, in what way?

Receive the Word

2. Read [Genesis 1:1](#).

- a. What did God do?
- b. What does [Genesis 1:1](#) tell us about the nature of God? How about his authority?

3. Read [Genesis 1:26-28](#).

- a. What do these verses tell us about humans and our purpose?

4. Read [Genesis 2:3](#).

- a. What does sabbath mean?
- b. Why did God rest?
- c. What does God's resting and the concept of *sabbath* mean for us?

Make the Connection

5. What does it mean to have communion fellowship with God?
6. As creatures (created by God), what is the relationship between freedom & limits?
7. In what way(s) is God inviting you to experience freedom by trusting him or obeying him?

(OVER)

THINK - How would living with this kind of freedom change my day to day life?

PRAY - Ask God to help you rest in His authority over and purpose for our lives.

ACT - Spend intentional time this week resting from labor/work and instead focus on simply resting in communion with God.