



Week of September 28
God's Story, Our Purpose | Community: Shame | Genesis 2-3
Pastor Mike Barnhart

This weekly tool is designed to help you process and apply God's truth with other brothers and sisters who want to grow in Christ. You might use this in your Life Group, one-on-one over coffee, around the family dinner table, or in a casual small group of friends. The aim is to take God's Word from Sunday morning and bring it into the corners of our lives throughout the week, so that together we might be transformed into people who treasure God and love others.

beyondsunday Reflection & Discussion

Getting Started

1. What are the biggest challenges to practicing community as the church?

Receive the Word + Make the Connection

2. Read [Genesis 2:25](#) and [Genesis 3:7-10](#).
 - a. What does [Genesis 2:25](#) tell us about God's design for community?
 - b. What happened in [Genesis 3](#) that broke God's design for community? What was the impact?
3. How have you noticed shame in your life? What impact has it had (e.g. self-sufficiency/striving, despair/hopelessness)?
4. Do you agree or disagree with the following statement: *The only way out of shame is Jesus in community*. Why do you agree or disagree?
5. Read [Isaiah 61:7](#), [Hebrews 12:2](#), and [Romans 10:11](#). How did Jesus rescue us from shame by going to the cross?
6. Read [Luke 15:22-24](#). What does this passage tell us about how God responds when we come to him in the midst of our sin or shame?
7. Why is *gospel-rooted community* essential for healing from shame? (gospel + grace + time; humble honesty)
8. With which of the following aspects of humble honesty do you most need God's help this week, and why?
 - a. Recognizing your need to depend on God and others.
 - b. Vulnerability with God and others.
 - c. Confession of sin to God and others.

THINK - How will you seek to practice humble honesty in community this week?

PRAY - Pray for another to become gospel-rooted people in community.

ACT - Is the Lord leading me to respond in action with anything this week?