

## Ephesians 4:17-32 - "Be Who You Are"

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### Discussion Questions:

1. Share one way your life was different before you received Christ.
2. Read [Ephesians 4:17-32](#).
  - a. How does the text describe the way of the Gentiles and a life before Christ?
  - b. Why do you think Paul uses the language of “put off,” “put away,” and “put on”?
  - c. In verse 25, what do you think Paul means when he writes: “...having put away falsehood...”?
  - d. What does Paul mean by saying, “Be angry and do not sin...”?
3. Paul exhorts us to “be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you” ([Ephesians 4:32](#)).
  - a. What might this look like in a Christ-follower’s life?
  - b. According to Paul, from what or whom are we enabled to live this way?
4. What do you need to “put off”? What do you need to “put on”?