Permission/Release Form for Youth Events Canoling on the Flambeau Saturday, July 20th 2019

Whele the we going? We are going canoeing on the Flambeau River with Forest Springs as our adventure hosts. We will eat lunch on the trip and have supper at Forest Springs when we return.

who is this for? 7-12th graders.

when are we leaving and getting back? We will be leaving from the CEYC (670 W Broadway., Medford) at 8 00 am and will arrive back at 6:30 pm. Transportation is provided.

What do I need to bring and weak? Please see the attached sheet for the what to bring and how to dress info.

what's all this going to cost? Cost: \$30.00 per person. Please make checks out to FBC

Permission Form, wilderness Trip Informed Consent, and Payment is due by Sunday, July 14th.

	give my child/ren,_		on	
Parent Name (please print)		Student Name/s (please	print)	Date
permission to attend the Cutting and/or other adult chaperones. It is event. Understanding that supervision, I hereby agree to redrivers, and vehicle owners) from a forementioned event. Understandlow Amber and/or other adult controls.	I am aware of the times, the Amber and/or other adultilelease First Baptist Church any and all damages or and that attempts will be	ravel arrangements (if a t chaperones present to a and its representatives liability relating to said a made to contact me,	applicable), and cos for this event will e s (including but not lin I minor's presence o in the case of an en	ts (if applicable) for xercise responsible mited to chaperons, r participation in the
Parent Signature	Address		Email addr	ess
Parent Phone #	Emergency Contact Nam	e (other than parent)	Emergency Conf	tact Phone #
Anything else we should know (a	allergies, medications, stud	lents spending the night	t at a friend's house,	etc.)?:

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Wilderness Trip Informed Consent



upon my understanding of this activity and its inherent risks.							
I (full name of participant)			of (city and state)				
having the date of birth of (month)			, (<i>year</i>)	$_$ and being married $ heta$, or			
single θ , desire Forest Spr ithe following described activi				to permit me to participate in activity)			
Canoeing Kayaking High Ropes Course			kpacking □ Spelur □ Mystery Trip Rela				

Agreement to personally assume all risk and release of all claims for liability and waiver of right to sue based

Risks

I am aware that the above mentioned and related activities are inherently dangerous. I understand that they are strenuous activities that can result in physical and health complications. Other risks include bodily injury and death arising out of accidents due to things such as, but not limited to, the forces of nature, dangers inherent to lake and river activities, dangers from falling rocks, insect bites, snakebites, and other injuries due to encounters with animals. I am aware that a mistake by another camper could result in injury to myself. I am also aware that other campers may be beginners with very little or no experience.

Insurance

I understand that all activities, outings or expeditions sponsored by Forest Springs, Inc. are <u>not</u> covered by any form of health insurance. Whenever I participate in such activities, regardless of where they are held, type or duration, that I do so at my own risk and of my own free will. I am aware that I am responsible for paying all my own medical expenses and related costs for any injuries that may occur. In the event of professional rescue needed, the rescuer will bill the rescued person(s) for costs incurred in the rescue. I hereby am advised to review my health insurance policies to determine for myself whether there may be any exceptions for this trip.

Permission and informed consent

In consideration for permission from Forest Springs, Inc. to participate, I hereby expressly consent to the exposure to all the dangers, hazards and risks of this and related activities. I release, promise and agree not to sue Camp Forest Springs, Inc., its officers, its directors, employees, or volunteers as a result of any claims or demands that I might otherwise have resulting from any type of cause of action or personal injury or property damage of any type, including death, which may arise from my participation in this trip sponsored by Forest Springs, Inc. Further, I hereby indemnify and agree to hold Forest Springs, Inc., its directors, officers, employees and volunteers harmless from any and all liability actions, causes of action, claims, and demands of every kind, including natural hazards and dangers whatsoever, as well as costs and attorney fees, resulting from my actions and activities (whether negligent, reckless, intentional or otherwise), associated with my participation in this trip sponsored by Camp Forest Springs, Inc.

Responsibilities and conditions

I further acknowledge that my failure to adhere to safety rules established by group leaders may result in being asked to discontinue participation in the trip and its related activities. If I am barred from further participation in the activities, or if I voluntarily refrain from participation, or if I leave the trip, I am responsible for all expenses incurred and I have no claim for any refunds from Forest Springs, Inc., its officers, directors, employees or volunteers.

Signatures on back

Each Participant Must Sign

(The signatures below must be of the individual named on the front of the form and of his or her parents or guardians if participant is a minor)

I hereby acknowledge that I have personally read this document in its entirety, that I

understand it and agree to all the terms, conditions and limitations stated. I also am signing this Informed Consent form of my own free will.

Signed:

| Dated | Dat



1 DAY CANOE TRIP WHAT TO BRING AND HOW TO DRESS

Each participant is responsible for his or her own personal items needed for the day. Everyone must have a signed Informed Consent form to participate.

WHAT TO BRING:

The best footwear is a pair of lace-up athletic shoe, however, sandals with buckles or footwear that will stay on your feet while swimming is okay. We will not allow you to go barefoot at anytime during the day. Do not plan to wear flip flops or Crocks on this trip.

Modest one-piece swimsuit or tankini

Shorts

T-shirt

Light Jacket

Hat of some kind for protection from the sun.

Sunblock

Insect Repellent (or plan to share with someone else)

Water bottle

Eye-glass strap (for prescription glasses or sunglasses)

Feel free to bring some candy or other snacks for your own enjoyment.

FOREST SPRINGS WILL PROVIDE:

- All the necessary canoeing equipment; canoes, paddles, life jackets, first-aid kits.
- > Instructors to facilitate the day's activities.

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